

June 2026

Newsletter



On behalf of the Palliative Care Project Committee and Board of Trustees of the Vulcan County Health and Wellness Foundation, and the countless families throughout Vulcan County who will one day benefit from this extraordinary act of generosity, we extend our deepest and most heartfelt gratitude to the Vulcan Lions Club and its dedicated membership for your incredible donation of \$50,000 towards the Palliative Care Project at the Vulcan Community Health Centre.

This remarkable gift was made during Palliative Care Awareness Week which makes it even more meaningful. This week serves as an important reminder of the compassion, dignity, comfort, and support that quality palliative care brings to individuals and families during some of life's most difficult moments. Your donation stands as a powerful reflection of those values and of the caring spirit that exists within our community.

This contribution is far more than a financial gift. It is an investment in local families, in compassionate care close to home, and in ensuring that residents of Vulcan County can access enhanced palliative care services surrounded by the people and community they love most.

Programs/Events

- Chair Aerobics
Mondays & Thursdays 10 am
- Man Van June 12 1-4 Pm
- Wellness with Stefano
- 24 Hour Golf & Golf Classic
- Wellness Challenge

24 Hour Golf/Golf Classic Tournament

The 24 Hour Golf Challenge and Vulcan County Health and Wellness Golf Classic Tournament are scheduled for Friday, June 19th.

Please sponsor one of our 11 golfers:

Alex Hutton



Turner McKay



Colton Wark



Gregg Symanczyk



Travis Ivanson



Cale Maclsaac



Jordan Krystalowich



Preston Thirlwall



Reid Tannhill



Ryan Tannhill



Todd Adams



BUILDING A HEALTHIER COMMUNITY TOGETHER!



JUNE
Healthy Living & Weight Management

Thursday, June 18, 2026
6:45PM to 7:45PM
At the Vulcan Hospital

MARKETSTREETPHARMACY.CA

FOR MORE INFORMATION, GIVE US A CALL
(403) 485-2919

A Community's Care Coming Together

Over the past year, something meaningful has taken shape across Vulcan County, a quiet but powerful expression of care for one another.

Through the leadership and collective efforts of the **Vulcan County Health and Wellness Foundation**, alongside the **Palliative Care Project Committee** at the **Vulcan Community Health Centre**, **\$164,125.00** has been raised in support of enhancing the Palliative Care Suite.

As we look ahead, the Foundation will be allocating the proceeds of the **2026 24-Hour Golf Challenge** in continued support of this project, building on the strong momentum already created.

We are deeply grateful for the support our community has shown over the past year. While our formal fundraising focus for this initiative will conclude following the 24-Hour Golf Challenge, we will continue to warmly accept designated donations toward the Palliative Care Project for those who wish to contribute.

As we move into the fall, the Foundation will begin directing its broader fundraising efforts toward other emerging health priorities within Vulcan County, while ensuring that any designated gifts received for palliative care continue to flow directly to this important work, led by the Vulcan Community Health Centre's Palliative Care Project Team.



Please check out our Facebook page <https://www.facebook.com/groups/537552586359201> or the Vulcan County Health and Wellness Foundation <https://www.vchwfoundation.com/county-wide-wellness-challenge-2026/> for all updated events.

We look forward to seeing you at one of the events. Remember to have fun and enjoy yourselves!!

Wellness Challenge



The 12th annual Wellness Challenge begins Monday, June 1st with a Welcome Smores event at the Long Term Care garden.

Our committee has been working hard to plan new and exciting events for all participants. We have a few new things along with traditional events.