

Issue 2

February 2026

Newsletter



VULCAN COUNTY
PALLIATIVE CARE

"Supporting you every step of your journey"



What an amazing community, stepping up & getting it done one function/fundraiser at a time...

The momentum has started, thanks to the Vulcan County Health & Wellness Foundation, 24 Hour Golf Challenge & Gala. Palliative Care committee Tree of Hope. Multiple community events & generous individual & organization donations, these efforts have us 1/3 of the way there.

As we watch friends, family, neighbours & community members gather & spend their last days together we took notice of ways that living in our Palliative care room could be improved.

The room has served many purposes over the years, it is time for a renovation. Our vision is based on research, input & a visit to Foothills Country hospice (experts in end of life care).



Cuddle Bed

Donated by the Vic Gateman family



Volunteer training coming soon.

Knowledge is a powerful tool & support can mean the world.

Want to donate...

it's as easy as scanning this QR code.



The Vulcan Legion Branch 21 Ladies Auxiliary GENEROUSLY DONATED A \$2,000 CHEQUE AND A HANDMADE MEMORIAL QUILT

These gifts were given to the Palliative Care Project at the Vulcan Community Health Centre.



1

CONNECTION TO THE GARDEN

A door to go outside.

2

ROLL IN SHOWER

A modern bathroom with complete accessibility.

3

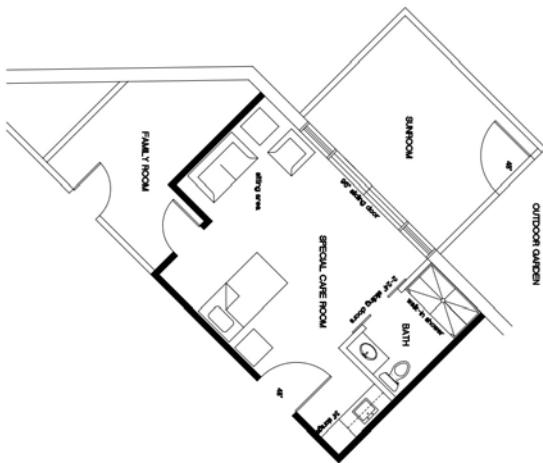
SPACE

Redesign the space for family to gather around & be comfortable.



Current Space

What if there was a better option...



Thank you Delude Design & Drafting for helping us put vision to paper.

Redesigning the space would allow:

- Direct access to the garden, to hear the birds, feel the wind, watch the sunset & breathe.
- Improve flow/space for family to be close and staff to provide care.
- Direct connection to a private family room.
- A ceiling lift that would comfortably & safely transport patient to the bathroom.
- Accessibility with a roll in shower.
- Amenities: fridge, microwave, and closet space, to tuck personal items away.
- Smart TV to reminisce through pictures, live stream a local hockey game or FaceTime someone who wants to be there.
- Create a less institutional space, more like home.
- Last days to be filled with living.



THANK YOU FOR WANTING TO KNOW MORE & DO MORE

Palliative care is specialized medical care for people living with a serious illness. This type of care is focused on providing relief from the symptoms & stress. The goal is to improve quality of life for both the patient and the family, based on the needs/wants of the patient.

"You matter because you are you. You matter to the last moment of your life and we will do all we can, not only to help you die peacefully, but to live until you die." Dame Cicely Saunders

Because sometimes being close is the only thing you have to offer.



Courtesy of Umano Medical