

SEPTEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9 Chair Aerobics 10-11 am	10	11 Chair Aerobics 10-11 am	12	13
14	15	16 Chair Aerobics 10-11 am	17	18	19	20
21	22	23 Chair Aerobics 10-11 am	24	25 Chair Aerobics 10-11 am	26	27
28	29	30 Chair Aerobics 10-11 am				

OCTOBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Chair Aerobics 10-11 am	3	4
5	6	7 Chair Aerobics 10-11 am	8	9 Chair Aerobics 10-11 am	10	11
12	13	14 Chair Aerobics 10-11 am	15	16	17	18
19	20	21 Chair Aerobics 10-11 am	22	23	24	25
26	27	28 Chair Aerobics 10-11 am	29	30 Chair Aerobics 10-11 am	31	

NOVEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 Pop up Clothing Company	5	6 Chair Aerobics 10-11 am	7	8
9	10	11 Chair Aerobics 10-11 am	12	13 Chair Aerobics 10-11 am	14	15
16	17	18 Chair Aerobics 10-11 am	19	20 Chair Aerobics 10-11 am	21	22
23	24	25 Chair Aerobics 10-11 am	26	27 Chair Aerobics 10-11 am	28	29
30						