

The Vulcan County Health and Wellness Foundation exists to provide funding for,

The enhancement of healthcare facilities. Including:

- The 14,000 sq ft Wellness Centre in the Vulcan Community HealthCentre.
- The purchase of communication technology purchased for the Vulcan Community Health Centre's Long-Term Care, Acute Care, and Palliative Care departments.
- The Wellness Space has been outfitted with technology to accommodate virtual wellness programming, information session, and education.

The supplementation and augmentation of wellness programs, including:

- The Vulcan County Wide Wellness Challenge. This annual, one month event sees anywhere from 150 to 300 participants focusing on their personal health and wellness
- We provide funding for the Support Our Staff Kare Kits (S.O.S.). These kits are designed to help our healthcare professionals cope with daily stress associated with the Covid 19 pandemic and to show our appreciation for all they do for our Community.

We provide funding for up to 15, \$500.00 dollar bursaries for our local Healthcare professionals, first responders, and Victims' services advocates

- In 2020, the VCHW Foundation awarded four bursaries to healthcare professionals.

 **Vulcan**COUNTY  
Health & Wellness Foundation

[vchwfoundation.com](http://vchwfoundation.com)

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# Why Be A Trustee?

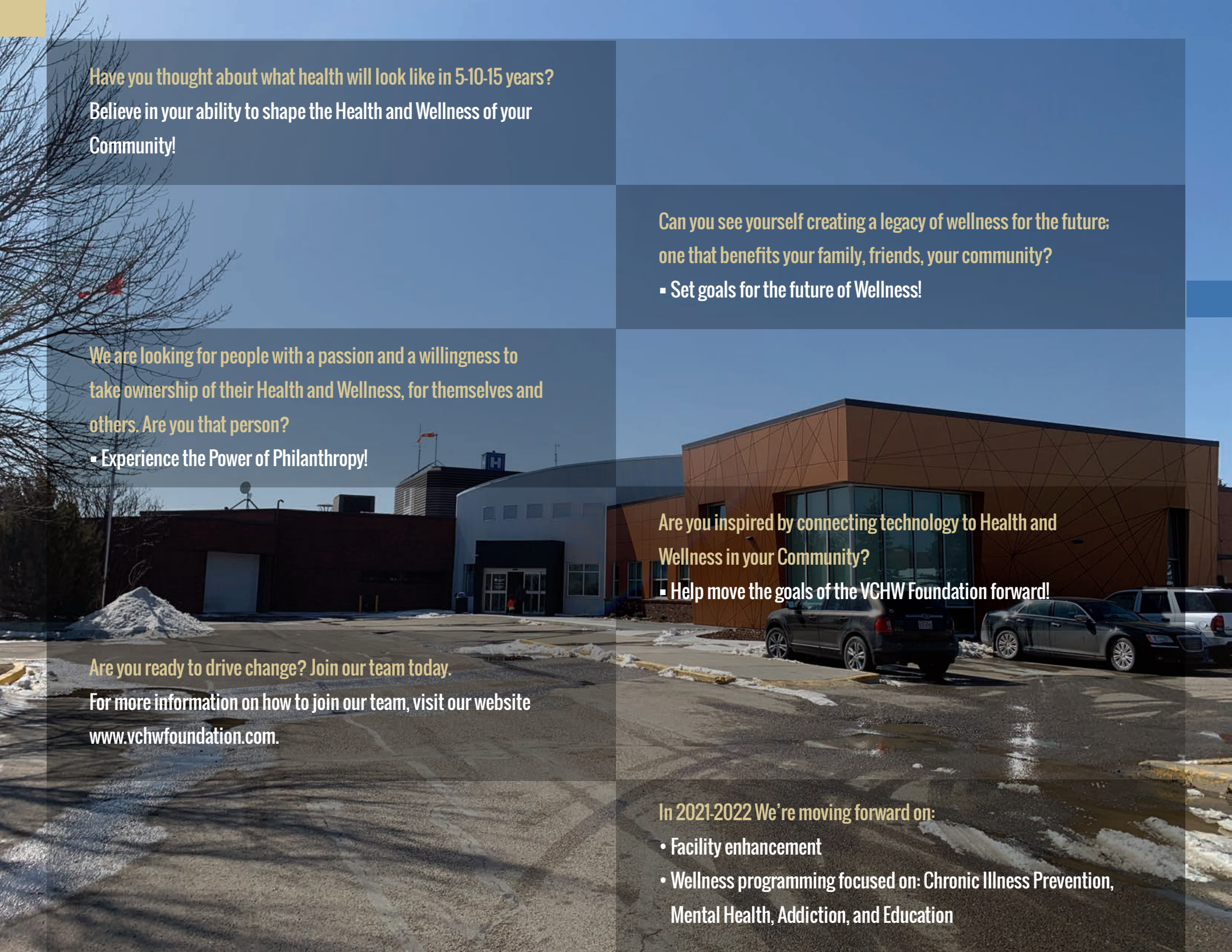
The VCHW Foundation is a charitable organization on a mission to make Wellness accessible to all through various programs and community initiatives.



We believe the highest quality healthcare available is the RIGHT of every citizen of Vulcan County.

 **Vulcan**COUNTY  
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Have you thought about what health will look like in 5-10-15 years?  
Believe in your ability to shape the Health and Wellness of your  
Community!

Can you see yourself creating a legacy of wellness for the future;  
one that benefits your family, friends, your community?

- Set goals for the future of Wellness!

We are looking for people with a passion and a willingness to  
take ownership of their Health and Wellness, for themselves and  
others. Are you that person?

- Experience the Power of Philanthropy!

Are you inspired by connecting technology to Health and  
Wellness in your Community?

- Help move the goals of the VCHW Foundation forward!

Are you ready to drive change? Join our team today.

For more information on how to join our team, visit our website  
[www.vchwfoundation.com](http://www.vchwfoundation.com).

In 2021-2022 We're moving forward on:

- Facility enhancement
- Wellness programming focused on: Chronic Illness Prevention, Mental Health, Addiction, and Education