Last call for the Heritage Wall

The Heritage Wall Campaign began winding down in the Fall of 2019.

Many thanks to Lee Somerville, for the use of his trailer for our billboard. And many thanks to Lee's helpers for installing this billboard for the Foundation. Many of our Donors are represented on the Heritage Wall that will be proudly and prominently displayed in the new addition to the Vulcan Community Health Centre.

To select the background image for the wall, the Foundation held an open photo contest. There were 68 landscape photo submissions. The preliminary selection committee was comprised of two members of the Vulcan and District Historical Society, and two members of the Vulcan Arts Society. These folks spent the day going through all of the 68 photos and painstakingly narrowed them down to the top 5. From the top 5, the Foundation's Heritage Wall Committee selected the image shown here. The photo used was submitted by Elfie Hall.

We congratulate and thank Elfie. Along with all of the other excellent photographers in our community for their submissions and their talents.

The design and commissioning of the Heritage Wall will take place in the spring of 2020. And it will be installed in the new addition at the time of opening to the public.



The Fall Event becomes a Christmas Celebration.

There were many factors that contributed to the VCHW Foundation's annual fundraising event being pushed to November 30, 2019. And once the date was determined, a Christmas celebration theme seemed appropriate

This made it possible for many of our communities' businesses to host their own staff celebrations of the season.

The evening included a traditional turkey/ham dinner, and DJ services provided by local DJ Stewart Surman. In all 291 people attended this event, and we loved celebrating the season and the communities support of the Foundation event.

Our fundraising for this event took on a different approach, we held and on-line auction, through Givergy.ca.

We were overwhelmed with the local support we received of donated items for this auction. And the auction itself was a part of the exciting engagement of the evening. Those in the audience that chose to participate, could closely follow the bidding leaderboard (which was projected on the drop-down screens in the CRC) and this did lend itself to some feverish bidding wars, going into the close of the auction at 10:00 pm that evening.

At the end of the evening, the Foundation realized approximately 30,000 dollars in proceeds from this event.



County Wide Fitness Challenge 2019

There were changes to the 2019 edition of this event. The addition of registrations through the web portal events.com came with a few challenges of its own. But, as this annual event continues to grow in popularity, it was time to make things a little easier on the administration side. We also welcomed several new faces to the Fitness Challenge Committee. Having the support of a very motivated committee opens the door for more creative ways to engage participants. And it certainly does make this annual experience one that is becoming more popular each year.

With 120 participants registered, we enlisted the support of the residents at the Peter Dawson Lodge to assist the Committee. These wonderful Ladies worked hard to fill all of the Team Bags with shirts and great information packages for all of the registrants. We couldn't have done it without them. And then it was time for some refreshments and visiting, after a great day of hard work.



It was a small but fun-loving group that came out for the 2019 Fitness Challenge Windup Celebration. They enjoyed a Zumba in the park and refreshments.



The Moonlight Walk was a big hit. And will undoubtedly become a standard in future challenges.

For more information contact:

Gail Wark. Executive Administrator 110 1st Ave S., P.O. Box 28, Vulcan AB, T0L 2B0 Phone: 403-485-3147 Email: vchw.foundation@gmail.com



vchwfoundation.com CRA registration number 831907886RR0001



Your Gateway, to Health and Wellness

Annual Report to the Community



2019 is the year that the Vulcan County Health & Wellness launched our new campaign, "The Power of Community" We're better together.

Collectively, the communities that make up Vulcan County have undertaken to build a 14 000 sq. Ft Wellness Centre addition to our existing Community Health Centre (Hospital).

This expansion has been the result of 10 years of Volunteer planning along with local Donor Fundraising.

Monumental for a community of our size. The concept of a Wellness Centre connected to an existing Hospital is new to Alberta, and the first of its kind in "Rural Alberta."

The VCHW Foundation utilized the resources of AHS to do a needs assessment for our area. This evidence-based analysis, coupled with the AHS Patient First Strategies, was the basis for the Foundation's Rural Health Vision. The Foundation has to date raised 5.6 Million Dollars of the 6.1 Million Dollars needed to complete our Capital Campaign. We will undoubtedly reach our goal as we are deeply passionate about the "Power of Community."

Construction on the project, began in earnest in Spring of 2019. Scheduled completion date is late Summer/Fall of 2020.

The Foundation would like to say Thank You to Cody Fehr of Fehr Custom Contracting Ltd. for assisting us with the installation of our new "Power of Community" signage around town.



March 31, 2020



Are you looking for an opportunity to make a difference?

The Vulcan County Health & Wellness Foundation is looking for Trustees and Ambassadors.

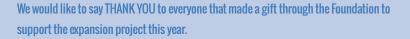
If you would like more information, please contact; Gail Wark at the Foundation Office, you can do so by calling 403-485-3147, or Email vchw.foundation@gmail.com

The Power of Community, we're better together

Financial Highlights

Year ending March 31, 2020

DONATIONS	
Harvest for Health	140,473.00
Provincial and Municipal Grants	18,000.00
Fundraising Income	
65,901.00	
General	20,549.00
Matched Funding Grant	1,400,000.00
AGLC Income	3,236.00
Total Income	\$1,648,159.00
Expenses	
Operating Expense	90,258.00
Wages (1FT 2PT)	58,353.00
Capital Project AHS	1,400,000.00
Total Expenses	\$1,548,611.00
Total Revenue	\$ 99,548.00





To the organizers of the "2019 Farmer's Tournament", and to each and every golfer that participated and supported this event. Your generosity resulted in a donation of \$7,000.00 to the VCHW Foundation, that will go directly to the expansion project.

Thank you to all the donors for your support!

Commemorative gifts made from March 2019-March 2020

"Gifts made in memory of lives so beautifully lived, and hearts so deeply loved"

Velma Miller • Bill Yee • Dora Schmeelke • Angus Mcculloch • Maria Lever • Richard (Dick) Hammer • Tribute gifts, in memory of Cleo Schmidt • Ed Klone • Ernie Van Dyke. In late June, the Foundation's Board of Trustees, lost one of its founding members. Tragically, Murray McLean was taken from our community. Thank You for all your hard work Murray.

Note from the Chair

JULY 27.2020

THE VULCAN COUNTY HEALTH AND WELLNESS FOUNDATION

The VCHWF is proud to announce that our very first capital project is drawing to a conclusion. We are looking forward to celebrating the ribbon cutting this fall 2020. This Project has brought a Worldclass facility to Vulcan County.

We are preparing a business/Health plan for the Wellness Programming to follow and will need our dedicated Donor network to help us put this into action. The virtual/physical programming will be an innovative Health solution to the many residents of Vulcan County.

2020 has been a year of adjustment and change as we have entered the Covid-19 reality. But as a Community that stands together we have found ways to stay safe and lead healthy lifestyles. The Vulcan County Health and Wellness Foundation will with your help continue to innovate healthcare for the benefit of all of our residents. We will continue to need your support and encouragement in the days that follow, but be reassured that we will strive to give you the best Healthcare possible.

I want to again say a big Thankyou to all our dedicated donors and sponsors, as you make this journey worthwhile for everyone.

Stay kind and stay safe

Scott Mitchell, Chair VCHWF

Have you considered leaving a legacy through planned giving?

Legacy Giving is a benefit to all.

The act of giving, in life or in death, says something about us. It is a reflection of who we are and what we believe in. Planned giving is a way to ensure your beliefs live on and your hopes for the future are realized in your absence.

Planned gifts provide an opportunity to leave a lasting legacy. Planned gifts are specific kinds of donations in which the donor benefits immediately and the charity benefits either at the time of the contribution or in the future.

For those who wish to take comfort in knowing that their gifts are being put to use right away, there are planned giving options that will benefit the cause without delay.

How you leave your legacy is entirely up to you. Financial advisors can help you develop a plan suited to your wants and needs; a plan that ensures the well-being of you and your family, that maximizes your tax benefits and makes a difference to the health of your community, and stays in Vulcan County

Bursary Awards

The Vulcan County Health & Wellness Foundation is pleased to provide health care professionals working in Vulcan County with an opportunity to apply for a bursary. This helps offset the costs of taking supplementary courses to upgrade their skills and education and/or to attend conferences in specialized areas of healthcare.

2019 Bursaries were awarded to the following;

Connie Fath, Jillian Proud, Karen Carley, Karen Williams, Naomi Markert, Shannon Horkoff

Donations to the Foundation can be made in several ways at www.vchwfoundation.com

BUILDING FOR THE FUTURE

CRA registration number 831907886RR0001 NAME ADDRESS TOWN PROVINCE EMAIL TELEPHONE AMOUNT \$

ng

о а





Though from the outside, all seems quiet, but behind those walls is a hive of activity. Currently and for the past several weeks, approximately 15 trades are working on the site. Adhering to all Provincial and Federal protocols around COVID-19. Join us in sending a big Thank you to these essential workers who are ensuring the intent of your donations comes to fruition.

The DIRTT wall systems are being installed, and the sliding doors in the clinical space are being put in place. The main foyer and all of the glass for and above the meeting rooms are in, and it really sets off the openness, and overall wellness feel for the design

The geometric metal cladding is one massive jigsaw puzzle the will look incredible when finished. I am glad that it is not my job!

Aren't you glad to?

POSTAL CODE

CELL