Annual Event Highlights



2016 County Wide Fitness Challenge

Nearly 200 participants took part in both fitness and nutrition challenges, taking steps towards a healthier lifestyle. Great to see our communities take part in this annual event.

Bursary Awards

Vulcan County Health and Wellness Foundation supports learning activities for the Health Care Workers at the Hospital.

"I attended the Trauma Nursing Core Course in Canmore on April 21st and 22nd. I have already found this course to be beneficial to my practice and the Vulcan Community Health Centre in emergency settings. I feel prepared to enter a trauma situation with the necessary skills and knowledge to effectively and efficiently treat a patient. I now am able to identify which needs of the patient to care for and treat initially in order to provide the patient with the best possible outcome." Kirstie – Bursary Recipient

Aviva Community Fund

The expansion project was submitted to the Fund and from October 11 to October 28, people could vote for the project. We had about 12,000 votes; not enough to win, but it certainly provided a means of disseminating our message.

Community AVIVA Fund

Raffle tickets

Lynne Markert and Wendy Denbigh donated a guilt for raffle. This project added \$9900 to the expansion project including the matching contribution from the Town and County.



Community Coffee Chats

Foundation representatives visited residents in Lomond, Milo, Vulcan, and the Peter Dawson Lodge, to get input into health care in the community, and discuss the activities of the Foundation.



The Foundation and AHS wishes to THANK everyone who has donated and continues to support the Vulcan Community Health **Center Expansion project!**

Fall Gala

The Fall Gala, an evening of food, entertainment and fun was held on November 3rd. The Foundation was very pleased to raise \$420,000 including the contribution from the Town and County. A quick social media blitz by attendees at the gala helped bring more donations for the cause





vchwfoundation.com CRA registration number 831907886RR0001



Annual Report to the Community



Why are we so passionate about keeping the Vulcan Community Health Center viable through our expansion project?

Approximately 5-6 million annual tax dollars stay in this community to provide the operating budget for the hospital, so it is an important asset to the community.

The new space supports the increasing needs and opportunities in health care, and ensures employability of health care workers and skilled labor required at a medical facility. Did you know that the medical facility has 130 employees and 10-15 regular volunteers? We want to ensure that this facility remains a part of the community in the future for both health and economic reasons.

Without this hospital and its strategic location in the Calgary Zone, Vulcan County residents are less likely to receive trauma care with the

"golden hour" that is necessary for survival. Further, we would all have the inconvenience of having to drive an hour or more to receive primary care, creating obstacles for many, such as the seniors' population who represent 1/5 of the County's residents.

The Foundation is responsible for the expansion. The clinic relocation allows AHS the opportunity to review other renovations that are required. such as a larger lab, a larger palliative suite, and better medication rooms.

The expansion of the Vulcan Community Health Centre is far more than just building a new clinic. It will be the new home to the Physiotherapy/Rehab team and the Adult Day Support Program. These programs were

March 2017

identified as the departments that will move into the new addition for better accessibility to these services by the public and patients.

The Wellness Centre will be a place where you will be able to connect with programs, services, information and support to help you on your path to health and wellness and to live a healthier lifestyle. We want to encourage people to think more about prevention, not just cure.

We have only another \$400,000 left to raise to complete this project. The Foundation has raised more per capita than any of the other 69 Foundations in the Province.

This is only the first of many more projects in the future.

Our Heart is in Health Care, Wellness and Innovation.



Note from the Chair

There are few examples of Communities like ours, that have the collective will to make positive change for future generations. On behalf of my incredible fellow Board members, I would like to say thank you to all our Donors and Supporters. Your Legacy or planned gift helped make 2016 one of our most successful yet.

To all those who generously contributed to the VCHW Foundation, including our Municipal Partners, The Town of Vulcan and Vulcan County we salute You! Your generous contributions are being strategically invested in Local Health Care Facilities and Programs. We are well on our way to construction on our current campaign beginning in 2018. Together we are building a sustainable Rural Healthcare Footprint that all of us will be proud to call our own.

Scott Mitche

Partnering for the Future

THE PLAN

Everyone was in agreement - there needs to be more space. The plan is to re-assign the space that the existing clinic occupies after the clinic's move to the new expansion. Below are some possible scenarios for relocations.

Financial Highlights

Year Ending March 31, 2017

Commemorative Donations

Donations made in loving memory of: Mel Seabrook Wayne Anderson Darrell Fath Paulette Cochrane Max Kerr Hazel Giles



Donations can be made in several ways:

Donate a Car

Now you can get rid of that old clunker car or truck that has been in your yard forever and get a tax receipt too. DonateCar.com 1-877-250-4904



Cash Donation

Give what you can. Donate by mail, stop by the office or go online at www.vchwfoundation.com and donate online through Canada Helps or ATB Cares. ATB Cares will match 15% of each dollar donated online.



CanadaHelps.org ATBCares.com



Proud Partners → Proud Community

The Town of Vulcan and Vulcan County continue to support our project by matching each dollar that is raised by the Foundation. This means every dollar that you donate equates to \$3.00 towards our goal of raising 4.5 million dollars.









Donate an Acre or Two

Farmers have been giving \$1 an acre or growing a set number of acres in a season and donating to the Foundation.

Call for details.

- Deb Hartung 403-485-3147
- Gord Nelson 403-485-8078
- Andre Lacoursiere 403-485-1748

Monthly Donations

through our office, you can continue your support.

Planned Giving

The Foundation received the first planned giving life insurance contribution. Contact our office if this is an option for you.

Through Canada Helps or by making arrangements